

## Our voices, our health: Young people in public health research

Wednesday 27 October 2010, 9.30am–4.00pm  
American Square Conference Centre, London

An exciting opportunity to attend a free young people-led conference that will bring together young people, researchers and policy-makers to discuss research and public health priorities.

The conference will show how young people can be involved in public health research, why this is important and what difference it can make.



# What is PEAR?

PEAR stands for Public health, Education, Awareness and Research, and is an exciting project supporting young people's involvement in public health research.

The project is run by NCB, with support from the Wellcome Trust. We are a group of young people aged 13–17, from London and Leeds, who are contributing to the UK public health agenda by:

- working with public health researchers and policy-makers to make research more relevant to young people
- learning research skills and commissioning our own research project
- telling other young people about public health issues and research
- getting our voices heard.

If you want to know more about PEAR, or about what public health is and how it affects young people, visit [www.ncb.org.uk/PEAR](http://www.ncb.org.uk/PEAR)

This innovative conference is being organised by and for young people, as well as researchers and other adults. We want it to be friendly and fun, and to provide opportunities for young people and adults to get together and come up with some exciting new ideas. For that to happen we need you to be there.



Key issues for discussion, debate and presentation will include:

- What is public health and why is it important for young people to be involved?
- More about the PEAR group – who we are and what we've been doing, including our project on cyberbullying.
- What are the lessons from PEAR for young people's involvement in public health and research more generally?
- What are other projects doing to involve young people in research?
- What are the benefits and challenges to young people's involvement in research – for young people, researchers and others?

# Outline Programme

- presentations by young people and adults about PEAR and young people's involvement in public health research
- launch of the findings from the PEAR research project on cyberbullying and mental health
- question & answer session with PEAR group members and researchers
- workshops – where you get a chance to have your voice heard
- a chance to talk to other people attending the conference and have fun.

## Keynote Speakers

- PEAR young researchers
- Professor Catherine Law  
Director, Centre for Policy Research, UCL Institute of Child Health and Programme Director,  
NIHR Public Health Research Programme
- Professor Sandy Oliver  
Deputy Director of Social Science Research Unit and  
EPPI-Centre

## Workshops will include:

- **How to involve young people in public health research**  
PEAR young researchers
- **Involving young people in systematic reviews**  
EPPI-Centre (The Evidence for Policy and Practice Information and Coordinating Centre, University of London)
- **Young people's voices in clinical research**  
Medicines for Children Research Network
- **Young people's priorities for public health**  
NICE (National Institute for Health and Clinical Excellence)
- **Young people's reference group**  
DECIPHer (Centre for the Development and Evaluation of Complex Interventions for Public Health Improvement)

## Why should young people attend?

- Find out more about the PEAR group and how we've made a difference.
- Hear what it was like for PEAR group members to be involved in research.
- Learn more about public health issues and how they affect young people.
- Have a chance to share your views on public health issues, and make a difference too.

## Why should adults attend?

- Because you have an interest in young people's involvement in public health and/or research.
- To hear about the public health issues that are important to young people and talk to them about their priorities!
- Explore what works in involving young people in public health research
- For all the same reasons as young people.

# Booking Form

## Our voices, our health: Young people in public health research

This conference is free to attend.

There are three ways to book:

 To book online go to [www.ncb.org.uk/pear](http://www.ncb.org.uk/pear)

 Post the booking form to NCB Events, 8 Wakley Street, London EC1V 7QE

 Fax this completed registration form to 020 7843 6039

Please book \_\_\_\_\_ place(s) at the above conference for: \_\_\_\_\_  
(please photocopy this form for the names of additional delegates)

First name: \_\_\_\_\_ Surname: \_\_\_\_\_

Job title (if applicable): \_\_\_\_\_

Organisation (if applicable): \_\_\_\_\_

Address: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Tel: \_\_\_\_\_ Fax: \_\_\_\_\_

To ensure delegates have timely information on this event, we will be corresponding by email wherever possible.  
To help us ensure effective communication, please print your email address in the space below.

Email: \_\_\_\_\_  
\_\_\_\_\_

Do you have any dietary requirements or additional needs?  
\_\_\_\_\_

I am an adult

I am a young person (aged 18 or under)

Signed \_\_\_\_\_

Where did you hear about this conference?  
\_\_\_\_\_  
\_\_\_\_\_



Once complete, please post or fax to: NCB Events, 8 Wakley St, London EC1V 7QE  
Fax: 020 7843 6039 Email: [mbaror@ncb.org.uk](mailto:mbaror@ncb.org.uk) Tel: 020 7843 6067 (enquiries only)

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